



WORCESTERSHIRE
VIRTUAL SCHOOL

YOUR TRANSITION WORKBOOK

to support moving from
primary to secondary school



THIS PACK IS DESIGNED TO HELP YOU MOVE FROM PRIMARY TO SECONDARY SCHOOL

Moving to a new school is a big change—and change can sometimes feel uncomfortable or even a bit scary. That’s completely normal! For young people who’ve had lots of changes in their lives already, this move can feel even harder because it might bring up feelings about things like insecurity, loss, or separation. Those feelings can feel really big—but you’re not alone.

The good news is that when you’re given the right support and time to prepare, you can feel more confident and ready for this next step. Visiting your new school, meeting new teachers, and getting to know the building can make a huge difference. We know that walking into a school full of new faces can seem overwhelming, but this transition pack is here to help. It’s designed to make things easier and give you tools and ideas to help you feel more settled and positive about starting secondary school.

It has questions and activities to help you think about:

■ Things you want to know about your new school

■ Things you like to do and would like to keep doing

■ Where you can go if you need support

■ Your goals and wishes for the future



MY NEW SCHOOL

My new school
is called:

The headteacher
is called:

There is an
induction day on:

The journey to
school will take:

I will walk/drive/
catch a bus

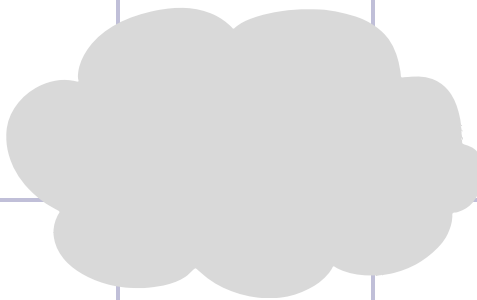
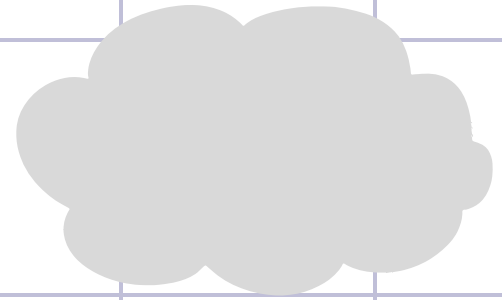
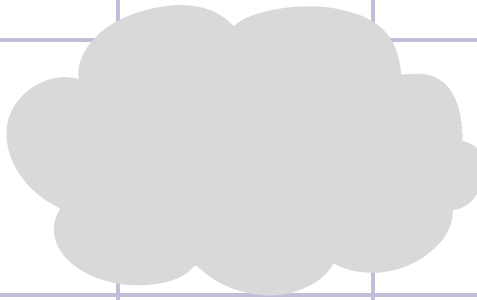
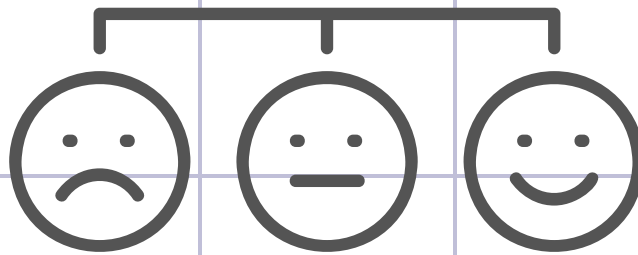
My new uniform
includes:

I will take a
packed lunch/ I will
buy food at school
for my lunch

THE FRIENDS MOVING UP WITH ME ARE:



HOW DO I FEEL ABOUT GOING TO A NEW SCHOOL



LOOKING BACK, MOVING FORWARD

What skills have you
gained in Primary
School?

What do you want to
keep doing next year?

What new things do
you want to try?

What new skills
do you hope to gain?

What are you
worried about?

What are you
excited about?

QUESTIONS

What do you want to find out when you start your new school?
What questions do you want to ask your new teachers?

What
about
detentions?

Where are
the toilets?

What if I
get lost?

How do I join clubs?

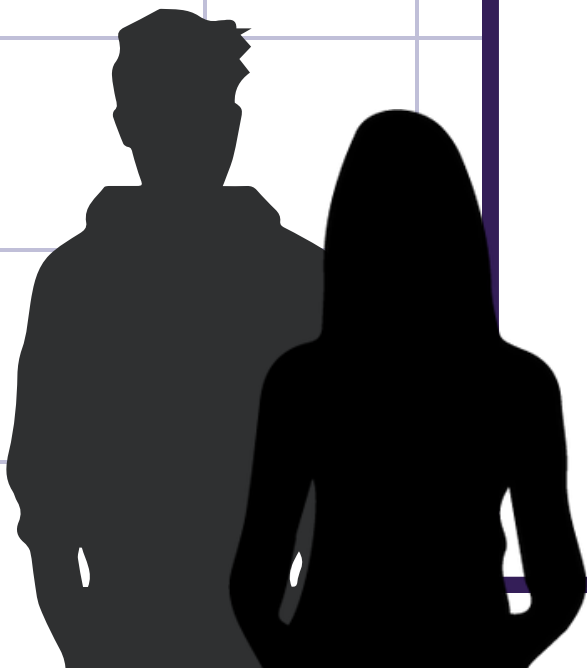
Who is my
head of year?

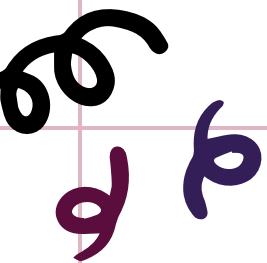
Who can I go to if I
need help?

What happens
at lunch?

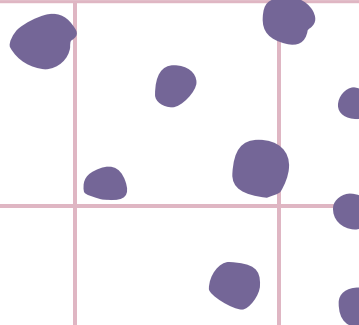
How much homework
will I get?

How can you find out the answers to these
questions? Who could help you?





MY ROUTE TO SCHOOL



How will you be travelling to school? What time will you need to leave? How long will it take you? Will you travel alone or with friends?

00:00

TIME TO LEAVE

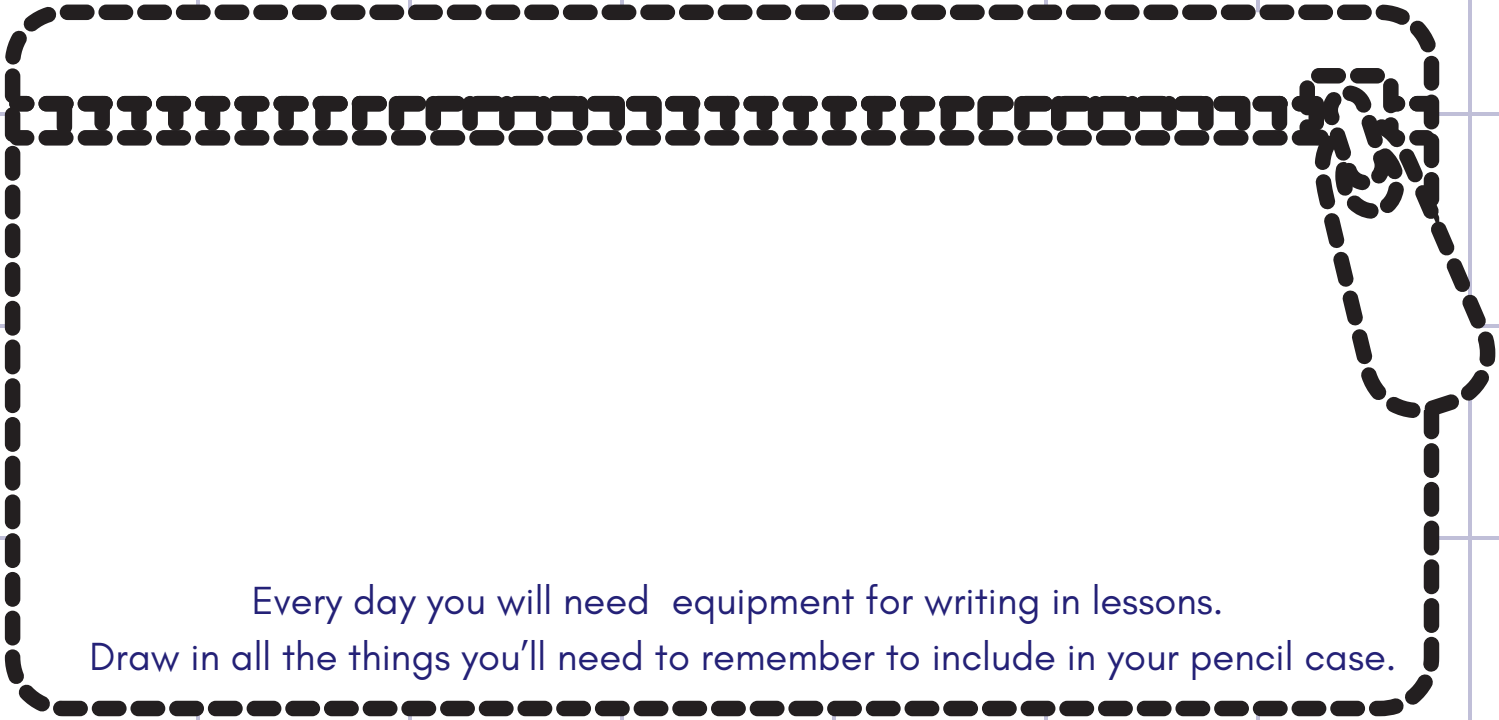
00:00

ARRIVAL TIME





MY SCHOOL EQUIPMENT



Every day you will need equipment for writing in lessons.
Draw in all the things you'll need to remember to include in your pencil case.

Some days you might need extra equipment depending on the lessons
that day. Record the extra items below...

Mon	
Tue	
Wed	
Thu	
Fri	

