

## Inclusion Plan for Previously Looked After Children

### **A quick guide for parents and carers**

#### **What is it?**

An Inclusion Plan helps schools and early years settings understand and support children who were previously in care.

- It makes sure staff know about your child's needs.
- It encourages strong teamwork between home and school.
- It is not a legal requirement, but it is good practice.
- You choose whether to share your child's status, and all information is kept confidential.

#### **Why is it important?**

Children who were previously looked after may:

- Have experienced trauma or neglect.
- Find big changes (like adoption or moving schools) more difficult.
- Need extra support with relationships and attachments.

The plan ensures schools are aware of these challenges and can respond positively.

#### **How does it work?**

- Parents/carers and schools can start the plan at any time.
- It is often set up when a child is adopted or joins a new school.
- Meetings include parents, school staff, and sometimes other professionals.
- Together, you agree on targets and review them regularly.
- Your child's voice is included — their thoughts and feelings matter.

#### **Support**

The Virtual School can offer advice and guidance.

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Updated Dec 2025