

WORCESTERSHIRE HEALTH WALKS



Sole Mates

Men & Dads Walking Group

Open to all men - whether you're a dad with kids or just looking for fresh air & good company.

Join us on a walk to enjoy the outdoors, connect with others, & take steps toward health & community.

All ages & kids welcome too!

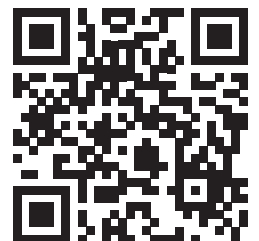
Sanders Park, Bromsgrove 10 - 11am
Meet at the Bandstand.

Please fill out a walker registration form
<https://forms.office.com/r/0KGUW2fX58>

Contact Paul on 07873 859684

Starting from
January 2026
- 1st Sunday of
the month

FREE



Supported by

WORCESTERSHIRE
FAMILY HUBS 



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District Council
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