

Groups for Parents and Carers

January to March 2026

WORCESTERSHIRE

FAMILY HUBS



For more information, or to book your place please contact us...

Brookside Family Hub, Borrington Road,
Kidderminster DY10 3ED

Monday to Thursday 8.30 am to 4.30 pm and Friday 8.30 am to 4 pm

Phone : 01562 827207

Half Crown Wood Family Hub, Princess Way,
Stourport DY13 0EL

Monday to Thursday 8.30 am to 4.30 pm

Phone: 01299 877920

email: admin.wyreforest@barnardos.org.uk



Find us on Facebook... Family Hubs - Wyre Forest



Changing childhoods. Changing lives.

www.worcestershire.gov.uk/familyhubs

Brookside Family Hub - Spring Term Timetable (2026)

Mon

Stay, Weigh and Play

9.30 - 11 am

Suitable for babies and children aged 0 - 5 years
No need to book, just turn up!

Well Child Clinic

9.30 to 11.30 am

Bookable appointment with a Community Nursery Nurse
To book call 01905 520032

Physiotherapy Drop-in

9.30 - 11 am

1st Monday of each month

For parents/carers with children aged 0 - 5 years with concerns around their child's motor skills



Tue

Breast Buddies Peer Support Group

10 - 11.30 am

To book your place email
whcnhs.breastfeeding
support@nhs.net

Healthy Steps

5 week rolling
programme

12.30 - 2.00 pm

No need to book
Children aged 0-5 welcome

Men United

Dad's and Male
Caregivers Peer Support
Group

every other Tuesday
1 - 3 pm

No need to book, just
turn up!

Wed

Midwife Clinic

Booked appointments

Birth and Beyond

9.30 - 11.30 am

A 4 week preparation for
parenthood group for first-
time parents

Running on a monthly basis

A bookable programme, to
book call 01562 827207

SEND Peer Support Group

1 - 2.30 pm

For parents/carers of
children and young people
with additional needs

2nd and 4th Wednesday of
the month

Twin Time

1 - 2.30 pm

A group for twins and
multiples, every other
Wednesday

Thu

Midwife Clinic

Booked
appointments

Time for Baby

Stay and Play

10 - 11 am

A postnatal stay and play
group for newborn and
non-movers and
parents/carers.

No need to book, just turn
up!

You can book onto
any bookable
course using the
link and QR code:

[www.worcestershire
.gov.uk/groups](http://www.worcestershire.gov.uk/groups)



Fri

Speech & Language

Booked appointments

Kinship Carers

Peer Support Group

9.30 - 11.30 am

Second Friday of each
month

Understanding Your Baby

A bookable group for
parents with babies
aged 0 - 6 months

10.00am - 12.00pm

13/03/26 - 08/05/26



Half Crown Wood Family Hub - Spring Term Timetable (2026)

Mon

Speech & Language
Booked appointments

Kinship Carers
Peer Support Group
9.30 - 11.30 am
on the following
dates:

Monday 9th Feb 26
Monday 13th Apr 26
Monday 8th June 26
Monday 14th Sept 26
Monday 9th Nov 26



Some groups and services
are provided by external
partners / agencies and are
subject to change

Tue

Midwife Clinic
Booked
appointments



You can book onto
any bookable
course or Workshop
using the link and
QR code:

www.worcestershire.gov.uk/groups



Wed

Well Child Clinic

9.30 - 11.30 am

2nd Wednesday
of the month

Bookable appointment with
a Community Nursery
Nurse

To book call 01905 520032

Volunteering

Would you like to volunteer
with us? We have lots of
volunteer opportunities
including:

- Stay, Weigh and Play
volunteer
- Peer support volunteer
- Administration support
volunteer

and much more!

 **worcestershire**
county council

BARNARD'S

Thu

Birth and Beyond

9.30 - 11.30 am

A 4 week preparation for
parenthood group for
first-time parents

Running on a monthly
basis

A bookable programme,
to book call 01562
827207

**Stay, Weigh and
Play**

1 - 2.30 pm

Suitable for babies
and children aged
0 - 5 years.

No need to book,
just turn up!



www.worcestershire.gov.uk/familyhubs

Fri

Half Crown Wood
Family Hub is
closed on a Friday

For support, please
contact Brookside
Family Hub :
01562 827207

Healthy Start Vitamins..
Available from Brookside
and Half Crown Wood
Family Hubs

To check your eligibility:
www.healthystart.nhs.uk



Wyre Forest Family Hub Community Groups - Spring Term Timetable (2026)

Mon

Self -weigh

Stourport Library

New St,
Stourport-on-Severn
DY13 8UN

11 am - 12 pm

1st Monday of the month

No need to book, just
turn up!

Tue

**Understanding
Your Child**
In partnership with
WEST

A bookable group for
parents/carers

Kidderminster Library,
Market St
Kidderminster
DY10 1AB

9.30 - 11.30 am

13/01/26 - 17/03/26
(not including half term)

Wed

Self -weigh

Bewdley Library

Dog Lane, Bewdley
DY12 2EF

10 - 11 am

2nd Wednesday of the month

No need to book, just turn
up!

Thu

**Understanding
Your Teen**

A bookable group for
parents/carers

Stourport High School
DY13 8AX

9.30 - 11.30 am

29/01/26 - 26/03/26
(not including half term)



To find out more
and to book a place
on of our groups/
workshops for
parents/carers
please go to our
TryBooking page

www.worcestershire.gov.uk/groups



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are provided by external
partners /agencies and are
subject to change

**Understanding Your
Child**

A bookable group for
parents/carers of children
up to and including
5 years old

St Mary's Primary School
Kidderminster
DY10 2LX

12.30 - 2.30 pm

12/01/26 - 23/03/26
(not including half term)

**Understanding
Your Baby**

A bookable group for
parents with babies
aged 0 - 6 months

Treetops Early Years
Hub
Woodbury Rd,
DY11 7JJ

9.30 - 11.30 am

13/01/26 - 03/03/26

Well Child Clinic

Kidderminster
Health Centre

9.30 - 11.30 am

1st Tuesday
of the month

Bookable appointment with a
Community Nursery Nurse

To book call 01905 520032

Support with accessing funding
for childcare:



We can help you to apply for
nursery and childcare funding,
please call : 01562 827207

**Healthy Start
Vitamins**

Available from
Brookside and
Half Crown Wood
Family Hubs

To check your
eligibility:

www.healthystart.nhs.uk

