

What's on at WANDS...

Mon

Midwife and
Specialist midwife
monthly by
appointment only

AfC Student
Counsellor
9:00 - 1:00pm
appointment only

Tue

**CNN
development
checks**
8:30 - 11:30am
appointment only

**Melo
Children's
Counselling**
8:30 - 4:00pm
appointment only

Stay & Play
1:30 - 3:00pm
baby weigh
sessions every 1st
& 3rd week

Wed

**Well baby/Child
Clinic**
9:30 - 11.30am
3rd & 4th Wednesday
appointment only

Umbrella Pathway
appointment only

**AfC Student
Counsellor**
9:30 - 12:30pm
appointments only

**Physiotherapy
Drop-In Clinic**
3rd Wednesday of
the month
1:30 - 3:00pm

**Westlands Residents
Association Meeting**
6pm - 7pm
open to Westlands
residents only

Thu

**Dysphagia
monthly clinic**
8:30 - 11:30am
1st Thursday of the
month
appointments only

Nurture Families
8:30 - 12pm
2nd & 3rd Thursdays
only
Art & Play session
No booking
required

Fri

**SALT
(Speech & Language)**
appointments
including
drop in sessions
11:45 - 12:15pm
every 4th Friday of
the month

**Midwife
appointments**
available each day
by appointment
only