



Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire

March to December 2026

Edition 8 (correct 09.03.2026)

Worcestershire Virtual School is dedicated to ensuring that all education settings within Worcestershire are Trauma Informed and Attachment Aware Settings (TIAAS). TIAAS improves academic outcomes, attendance, and wellbeing.

We recognise that the TIAAS path takes time, is rightly tailored to each setting and that different settings are at different stages in their journey. In recognition of this, Worcestershire Virtual School have expanded our TIAAS training menu to offer something suitable for everyone.

This menu consists not only of TIAAS training but also support with implementation and support for accreditation through the Attachment Research Community. You will also be supported as part of a growing TIAAS network in Worcestershire and beyond.

All the training outlined below is fully funded by Worcestershire Virtual School and so is completely free to you!

Table of contents

Virtual Schools: TIAAS (Trauma Informed Attachment Aware Settings) in Worcestershire	1
March to December 2026	1
Edition 8 (correct 09.03.2026).....	1
Introduction to the TIAAS Pathway	3
Network / Drop-in and Hub Meetings	3
TIAAS Network Meeting.....	3
TIS Drop-in sessions	4
TIS Hub Meetings.....	4
Level 1 training.....	5
Conflict resolution through restorative practice *NEW*	5
Promoting positive masculinity, self-worth & relationships *NEW*	5
Emotion Coaching and Pace: webcast	6
The Neuroscience that underpins Adverse Childhood Experiences (ACE's): webcast...	6
Language Matters and Words have power - from a trauma perspective: webcast	7
How do we engage families through trauma informed practices? Webcast	7
Level 1 training via alternative providers	8
Adverse Childhood Experiences: Early Trauma Online Learning	8
Understanding and Supporting Emotionally Based School Avoidance (EBSA)	8
Togetherness (The Solihull Approach for Worcestershire).....	8
NEW Family Place modules.....	9
Transitions: Session One: Tools for planning an effective transition	9
Transitions: Session 2: Preparing for loss and endings.....	9
Transition: Session 3: Supporting vulnerable pupils in a new setting	10
Understanding the changing adolescent brain to improve engagement in education..	11
Level 2: Whole School Implementation of Trauma and Mental Health Informed Schools & Communities	12
Level 3 training.....	13
Trauma Informed Schools UK: Senior Leads Training.....	13
Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health	14
Resources to supporting being TIAAS.....	15
Support with booking direct to Virtual School.....	15
Support with booking via CPD.....	16
How to book using CPD online:	16
Problems with CPD online	16

Confirmation	16
Waiting lists.....	16
Certificates	17
Cancellations.....	17
Training team availability	17

Introduction to the TIAAS Pathway

If you are interested in understanding more about the TiAAS (Trauma Informed Attachment Aware settings) within Worcestershire, then watch our [Introduction to TIAAS Pathway available \(youtube.com\)](#)

Led by Worcestershire Virtual School and WCF: Educational Psychology Team the webcast will explore how the ARC pathway can support schools and settings to gain formal, national recognition of your practice from Bronze, Silver, Gold through to Hub centre of excellence.

Ensuring anyone who watches will come away knowing:

- What does TiAAS mean to my setting?
- What is expected from me?
- What support can I get?

Network / Drop-in and Hub Meetings

TIAAS Network Meeting

An opportunity to come together, share what's working well and co-construct the Worcestershire TIAAS (Trauma Informed Attachment Aware settings) Pathway.

Open to all schools / settings regardless of whether they attended the Introduction to Worcestershire TIAAS Pathway or not.

Cost: Free and a maximum of two delegates per school / setting

- 17 March 2026, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 91810
- 23 June 2026, 3.45pm to 5.15pm, virtual delivery, course code: 10444 / 91811

TIS Drop-in sessions

The TIS drop-in session is an optional open session to provide you with an opportunity to ask questions, have a chat or share a success, led by Jill Mahon (TIS UK) and Jade Busby (SEMH Lead - Worcestershire Virtual school)

Summer term Drop-in sessions are to be booked via CPD

- 24 June 2026, 4pm to 5pm, virtual delivery, CPD Code: 10619 (session code 92063)

TIS Hub Meetings

Our TIS Hub Meetings are termly, 75 minutes in duration, delivered Virtually, themed and are led by Jill Mahon (TIS UK) and Jade Busby (SEMH Lead - Worcestershire Virtual school)

Providing an opportunity for all practitioners who have completed the diploma and gained TIS practitioner status, to access updates, professional development and share good practice.

Summer term hub meeting:

- Tuesday 09 June 2026, 3.45pm to 5pm, virtual delivery
- Focus: Free to Fly assessment tool. How do we know we are making a difference?
- Book via CPD and search course code 10618
- Session code 92061

Level 1 training

Conflict resolution through restorative practice *NEW*

This training will focus on repairing harm and restoring relationships through restorative practices. We will explore using restorative practice in settings to enable conflict resolution by emphasising repairing harm, rebuilding relationships, empathy, responsibility, the impact of actions on others, fostering a sense of community and shared accountability. Restorative practice aims to create a more supportive and inclusive environment by providing opportunities for open communication, reflection, and collaborative problem-solving. We will discuss building and maintaining positive relationships between pupils, staff, and families through the use of techniques such as restorative circles and peer mediation.

Cost: Free

- 22 June 2026, 3.30pm to 5pm, virtual delivery, course code: 10597 / 91858

Promoting positive masculinity, self-worth & relationships *NEW*

In the training, we cover what constitutes positive masculinity, and how it is related to feelings of self-worth. We will explore the psychological theory underpinning self-worth, how this is related to the concept of masculinity and impacts relationships. We will discuss how we change the narrative from 'toxic' to 'positive' masculinity and the scaffolding needed to enable boys and young men to flourish by looking at targeted and universal approaches.

Cost: Free

- 01 July 2026, 3.30pm to 5pm, virtual delivery, course code: 10596 / 91859

Emotion Coaching and Pace: webcast

This webcast delivered by our Education Psychology team will allow participants to consider how to use emotion coaching and PACE in their settings.

PACE stands for Playfulness, Acceptance, Curiosity and Empathy; which is a flexible approach developed by Dan Hughes to help adults to form safe, trusting and meaningful relationships with young people who have experienced trauma.

The course is aimed at anyone who lives, works or cares for young people, as the application of both emotion coaching and PACE are applicable across the age range and across settings. The training is an introduction to these principles, and an opportunity to practice these skills, as well as share practice. It will allow time to share good practice with other participants, and practice the approaches shared.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10489”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

The Neuroscience that underpins Adverse Childhood Experiences (ACE's): webcast

This engaging webcast course aims to equip professionals with an understanding of what is meant by adverse childhood experiences (ACEs) and how they can affect a child or young person. We will look at what is going on in the brain when children have experienced toxic stress and we will consider how this can affect ongoing development and challenges associated with a school/learning environment.

The session is interactive and practical, offering opportunities to consider how we can adapt our practice to support those who have experienced ACE's, based on evidence and case studies about what has been shown to work as part of a Trauma Informed and Attachment Aware approach.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search “course code 10490”

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

Language Matters and Words have power - from a trauma perspective: webcast

Transforming Lives, One Word at a Time: Trauma-Informed Language for Practitioners Working with Children and Young People

"Language Matters and Words Have Power, from a Trauma Perspective," presented by the Educational Psychology Service.

How we speak about young people and their lives and experiences matters. In this insightful online program, you'll delve deep into the psychology of language and its formative role in shaping children and young people's realities.

This is an opportunity to think about how you communicate with children and about the young lives you impact daily; a chance to equip yourself with the tools to inspire resilience, healing, and post-traumatic growth through the power of conscientious language.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search 10620

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

How do we engage families through trauma informed practices? Webcast

During this 45-minute webcast we will explore meaningful family engagement through the lens of trauma-informed practices. Participants will learn how to effectively engage families and foster investment in their child's success using a trauma-sensitive approach.

The webcast will also include exploration of frameworks created to provide a trauma-informed approach, practical real-world strategies to support and discussions around our own biases as practitioners.

Cost: Free as this is part of Level 1 of the Virtual School TIAAS training programme
Schools / settings can either book per person or the main lead and then share links accordingly.

To find the course on CPD search 10657

Certification: Confirmation of watching the webcast will be updated at the end of each half term to provide data to Virtual School

Level 1 training via alternative providers

Adverse Childhood Experiences: Early Trauma Online Learning

- Cost Free
- Trainer / Company: Early Trauma Online
- Access directly via the [ACEs \(acesonlinelearning.com\) website \(opens in new window\)](https://acesonlinelearning.com)

Understanding and Supporting Emotionally Based School Avoidance (EBSA)

- Cost Free
- Trainer: Tina Rae
- Access directly via [Loggerhead Publishing: EBSA Online Training \(opens in new window\)](#)

Togetherness (The Solihull Approach for Worcestershire)

Available for all professionals across Worcestershire working with children, young people or families. You can access free, high-quality online training to strengthen your understanding of emotional development and relationships.

Created by psychologists and professionals from the NHS Solihull Approach, these self-directed, 24/7 eLearning courses are designed for flexible learning. They combine the latest research in child psychology and neuroscience with practical techniques that can be used in real-world settings supporting a trauma-informed approach.

The three core courses cover:

- **understanding trauma** – recognising the impact of trauma, supporting recovery and resilience
- **understanding brain development** – from pregnancy to adolescence, and its influence on mental and emotional wellbeing
- **understanding attachment** – how strong, secure relationships help children feel safe, connected and ready to learn

Each course provides up to 4 CPD hours.

- Go to: solihullapproachparenting.com/worcestershire
- Use access code: PARENTSROCK_PRF
- Cost: FREE as the training is fully funded by Worcestershire County Council's Public Health team

NEW Family Place modules

The following modules are delivered via Family Place on behalf of Virtual Schools and are fully funded. These modules are open to Education professionals working with Statutory School aged children / young people.

They are particularly intended to improve outcomes for Previously Looked After Children-Inclusive of Special Guardianship, Adoption and Kinship.

Transitions: Session One: Tools for planning an effective transition

This online workshop is for educational professionals and will present a range of helpful tools for planning school transitions.

Transitions are stressful and can be particularly hard for children who have experienced early adversity. Their sense of security is directly challenged and we often see children reverting to earlier patterns of behaviour when a transition is coming up. Early planning and preparation can have a very significant impact on how well the child will manage.

During this session we will cover:

- What do transitions involve?
- Why are they so difficult for children who have experienced attachment disruption?
- Impact - emotions, behaviours and daily life
- Tools for educators in planning an effective transition
- What factors to take into account
- How to prepare the child and network
- What can supporting adults do?
- The benefits of a child specific plan

Cost: Free

- 17 March 2026, 3.30pm to 5.30pm, virtual delivery, course code 10677

Transitions: Session 2: Preparing for loss and endings

This online workshop is for educational professionals who are supporting children facing transitions. It will build on Session One and will focus on endings and losses that are an integral part of any big change.

The adults supporting the child through a big transition are critical to how well they will manage. Understanding the specific impacts of loss and endings on children who have already faced multiple losses is central to being able to offer effective support.

The aim is to deepen educators' understanding leading to improved outcomes in the lead up to the transition.

This session will cover:

- Loss and endings - what do big transitions involve?

- Why do they have such a big impact on children who have faced adversity.
- Impact - emotions behaviour and daily life

Tools for educators:

- What factors to consider
- How to support the child and network
- Linking with parents/carers and other involved professionals (including the new school where relevant)
- The benefits of a child specific plan

Cost: Free - funded via the Virtual School

- 12 May 2026, 3.30pm to 5.30pm, virtual delivery, course code 10678

Transition: Session 3: Supporting vulnerable pupils in a new setting

This online workshop is for educational professionals and is designed to support professionals when a vulnerable child joins a new setting. It will build on learning from the first two sessions but can also be attended on its own.

When children move school there is a risk that the information and understanding that the previous school has developed can be lost or fragmented. There may also be very different demands and expectations on the child in a new setting. For the child everything their security in their familiar setting has gone and they may experience high anxiety and show a range of confusing behaviours. Therefore, developing as deep an understanding as possible of the child's context can be extremely important.

This session will explore typical challenges and give tools for educators.

During this session we will cover:

- Recap - What do transitions involve? Why are they so difficult for children who have experienced attachment disruption?
- Impact - emotions, behaviours and daily life
- What can we do to help children settle?

Tools for educators:

- What factors to consider
- What kinds of support are likely to be the most effective.
- How to form a small team around the child to help build security.
- How to prepare the child and network
- What can supporting adults do?
- The benefits of a child specific plan

Cost: Free - funded via Virtual School

- 22 September 2026, 3.30pm to 5.30pm, virtual delivery, course code 10679

Understanding the changing adolescent brain to improve engagement in education

This online workshop, delivered by the Family Place, is for educational professionals and explores changes to the teenage brain, what is happening inside the brain structure during adolescence, and how this presents. The aim is to deepen educators' understanding leading to improved pupil engagement and participation in learning.

Learning Objectives

- Overview of the teenage brain - what's happening inside?
- What does that look like on the outside?
- Impact - emotions, behaviours and daily life
- Key social, cultural and hormonal factors
- The teenage brain and trauma
- Impacts of developmental trauma in adolescence
- Attachment and relationships
- How this impacts access to education
- What can supporting adults do?
- Resources for teenagers and parents

Cost: Free

- 10 November 2026, 3.30pm to 5.30pm, virtual delivery, course code 10562

Level 2: Whole School Implementation of Trauma and Mental Health Informed Schools & Communities

This training is designed to support whole school implementation of trauma informed and mentally healthy practices into schools and organisations. TISUK recognises the importance of the commitment and determination of the whole staff team to fully embed any approach or cultural change. The session will ensure that staff have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and support this crucial cultural change.

This training is supported by over 1000 evidence-based research studies, is designed to empower school staff to understand the needs of all children and teenagers, including those who have suffered a trauma or have a mental health issue. Delegates will also learn what happens in Trauma and Mental Health Informed schools in terms of key relational approaches and interventions to positively impact the whole school culture

This whole day training provides an insight and understanding of the key elements required for a mentally healthy and trauma informed setting and the vital importance of relational approaches

Cost: Free included with the Virtual School TIAAS programme

Trainer: Jill Mahon from TIS UK

- **This course has taken place for 25/26 academic year, please look out for future dates**

Level 3 training

Trauma Informed Schools UK: Senior Leads Training

This course is designed to support Senior Leads to implement trauma-informed and mentally healthy practices into their schools and organisations. TISUK recognises the importance of the commitment and determination of Senior Leads to fully embed any approach or cultural change. The course will ensure that Senior Leads have the knowledge, skills and understanding to optimise the well-being of both adults and pupils in their school and drive this crucial cultural change.

Delegates will gain a wealth of effective, time and money-saving ways of working with a child's challenging behaviour and the mental health issues that block learning. This course provides a comprehensive overview of the 10- day course Diploma in Trauma and Mental Health Informed Schools and Communities (Practitioner Status) enabling Senior Leads to fully support the TMHi practitioners they send on the Diploma course, many of whom could then become the school's Mental Health Lead.

The course aims to positively impact on pupils, staff and the whole school community, moving towards developing a mentally healthy culture for all. The highly innovative relational, regulatory and reflective skills are backed by over 1000 evidence-based studies in neuroscience and psychology. Each course is informed by the work of senior psychologists and educators.

- **Cohort 13 has already started – please look out for other dates for future cohorts**

Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health

Professor Tamsin Ford (University of Exeter Medical School) states that “schools are a front-line service in relation to mental health” (2018). Considering this, our practical skills-based training course underpinned by over 1000 evidence-based psychological, medical and neuroscientific research studies, is designed to inform and empower school staff to respond effectively to vulnerable children and those who have suffered a trauma or have a mental health issue. Without such interventions, painful life experiences are likely to present in challenging behaviour and/or blocks to learning.

The training provides delegates with key insights into the psychology and neuroscience of mental ill-health and challenging behaviour alongside vital tools and techniques in knowing how to respond to a child’s narrative of painful life events. So often this is enough to prevent years of suffering and the medicalising of their distress with psychiatric labels and medication. Delegates will also be trained to know when to seek the support of psychologist-led supervision and when, due to limits of competence, to refer on. The course not only focuses on work with individual children but also on changing whole school cultures to be mentally healthy for all. The curriculum covers interventions designed specifically to address teacher stress, teacher absence and poor staff retention.

If you want to change troubled children’s lives, reduce exclusions, improve pupil attendance and staff retention, while positively impacting on the mental health of the school

Cohort 14 – dates to be confirmed.

To book your place on the Level 5 Trauma Informed Schools UK- Diploma (Level 5) in Trauma and Mental Health please email Virtual Schools – virtualschool@Worcestershire.gov.uk

Resources to supporting being TIAAS

- **Supporting care-experienced children - New free teacher training resources from BBC Teach.** The resource is designed to help teachers understand more about the needs of care experienced children, how a trauma-informed approach can offer support to a traumatised child in a school setting, and ideas for how teachers can take actionable next steps. There are also three powerful animations of first-person testimonies by young adults who have been through the care system. To view the resources visit: <https://www.bbc.co.uk/teach/teacher-support/supporting-care-experienced-children/z7pmnk7>
- [Sensory Processing: What it is and why it matters - The RISE Partnership: Research and Improvement for SEND Excellence](#)

Support with booking direct to Virtual School

The Virtual School will be managing bookings for Level 3 courses only.

If you would like any further information regarding Level 3 courses, have any queries about booking or the commitment / expectation once enrolled please contact Virtual School by emailing virtualschool@worcestershire.gov.uk

If you contact the training team regarding Level 3 courses, queries will be passed onto the Virtual School team accordingly.

Support with booking via CPD

CPD portal will be used for Level 1 and Level 2 courses only, if you have previously enquired about a space on a level 1 or level 2 course via Virtual School then these bookings have been shared accordingly.

How to book using CPD online:

1. Visit [WCC: CPD](#)
2. Enter your email and password
3. Select the course via searching for a key word or under all course types the category
4. Find the course and press select on the date you wish to book
5. Press Book on Course
6. Check the details of the person booking the course aka the CPD leader are correct
7. Confirm if the place is for the CPD leader or another member of staff and press next
8. If it's for the CPD leader, then you skip to step 10.
9. If it's for another member of staff complete all the fields
10. Press submit
11. Confirmation is IMMEDIATELY issued to the delegate email provided

Problems with CPD online

Technical problems, account queries, password re-sets, staff not attached to your establishment, staff that have left, duplicate staff, and any questions regarding booking training then contact training & conference team, telephone 01905 844 420 or email Workforcesupport@worcestershire.gov.uk

Confirmation

All course confirmations occur at the time of the booking on CPD online therefore no further joining instructions will be sent out. It is the responsibility of those booking training to ensure that all cancellations and transfers follow our terms and conditions.

Please ensure that any handouts attached to the confirmation email are brought along to the training.

We would like to remind delegates if you are due to attend a virtual training course, and you have not received your joining instructions please contact the training team a **minimum of 5 days** before your course is due to take place. The training team cannot guarantee that they will be available the 24 hours before your course to be able to reissue joining instructions and/ or provide support. The training & conference team can be contacted on 01905 844 420 or email workforcesupport@worschildren.org.uk

Waiting lists

We operate waiting lists for all our courses. As places become available, they will be allocated based upon the date and time of your original booking. You will be contacted by telephone/email to offer you the available place.

Certificates

Once a course is marked as held (bearing in mind a trainer has 10 days to return a register), certificates are immediately issued via email to the delegate email provided for this course.

Cancellations

All cancellations must be made on CPD online

If you wish to supply additional information in support of your cancellation, then please email the relevant team.

Training team availability

The training team will be available to speak to directly between 8.30am to 4pm by calling 01905 844 420 / 844 030. Any voicemails received will be responded to accordingly based on date / time.

If we are not available, we highly recommend emailing workforcesupport@worcestershire.gov.uk. All emails will be responded to based upon date / time of enquiry.